



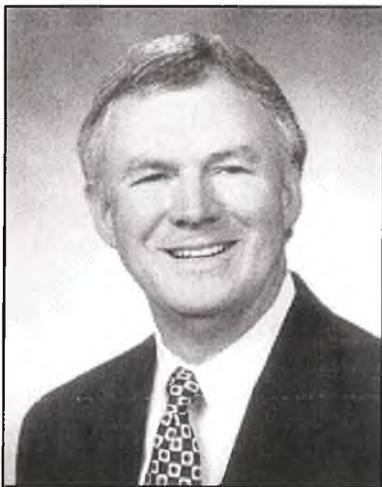
Sherman Huff to Speak to March 8 luncheon on “Retirement Living: Past, Present, and Future”

By Shirley Mears/Jack Arnold

Having a diverse background in financial management and retirement community administration, C. Sherman Huff, Chief Executive Officer of the Spanish Cove Life-Care Retirement Village in Yukon, Oklahoma has a vast knowledge of retirement planning and living. According to his autobiography, he “specializes in taking the complex issues affecting

seniors today and communicating them in a friendly and personal way that is easy to understand.”

In his luncheon speech on March 8, Mr. Huff will discuss the history of retirement living, how different generations’ wants and needs have driven the retirement community industry, and what trends are predicted for the future. He will give



C. Sherman Huff

practical information on the various types of retirement living and compare the pros and cons of each type. His goal is to help senior adults and their loved ones make informed decisions about living quality retirement years.

Holding a Masters Degree in Gerontology from the University of Central Oklahoma, Mr. Huff currently serves as a Board Member of the Oklahoma Association of Homes and Services for the Aging, and is an active participant in senior adult issues at the legislative level. In 1999, he received the T. J. Lowery Humanitarian Award.

An active church member, Mr. Huff and his wife, Andrea, are members of the Crossings Community Church in Oklahoma City.

Members and guests are encouraged to make their luncheon reservations today to hear this informative and inspirational speech by Mr. Huff before Friday, March 5: 405.789.2036 or



Poet’s Corner

By Jack Pischel

CONSIDER THE LILIES

*If there’s a time for everything
that happens neath the sun
Then there’s a time for work and play,
and sleep when these are done.
If “All sunshine makes a desert,”*
then we must give time for rain,
And as we pray for health and joy,
we know there will come pain.
But just as sure as sorrow comes,
depressed by too much rain,
The lilies wait for sun and heat:
and they will bloom again.
Their blossoms will be beautiful,
supported on strong scapes:
They’ll have the rainbow’s colors,
and a myriad of shapes.
And we’ll forget the many days
of gray and wet and gloom
When sun breaks through and blue birds sing,
and all the lilies bloom.*

*Arabian Proverb

—Jack Pischel



Your president's point of view:

by Jack David Arnold

Older Cancer Patients May Face Age Bias in Treatment

According to a new study from the University Health Network (UHN), age, not life expectancy, is a main factor in deciding treatment for prostate cancer patients. UHN, a teaching hospital of the University of Toronto, is a major landmark in Canada's healthcare system.

The findings, which were published in the January 2003 issue of journal *Cancer*, run counter to the accepted medical practice of deciding treatment options based on the length of remaining time a patient is expected to live, rather than his age.

The study showed that older men who are healthier and expected to live for at least another 10 years are more likely to receive inadequate cancer treatment than younger prostate cancer patients who will probably die sooner.

"These are worrisome findings that suggest older prostate cancer patients may face a bias because of age," said Dr. Shabbir M. H. Alibhai, a UHN physician and Assistant Professor with the University of Toronto's Departments of Medicine & Health Policy, Management, and Evaluation.

"Even though an older prostate cancer patient's prognosis may be better than a younger patient's, he likely won't receive important treatment that could significantly extend life."

After adjusting the remaining life expectancy of a patient, researchers found that a prostate cancer patient younger than 60 years of old was 25 times more likely to be treated with curative surgery than a man 70 years or older if both were expected to have the same number of years to live.

A study published earlier this year by Dr. Alibhai showed that healthy older men, particularly those in their 70s, who have aggressive prostate cancer, benefit significantly from surgery or radiation therapy. With appropriate treatment these patients can receive an extra year of life or more, with most having an improved quality of life as well.

Dr. Alibhai wrote the following policy statement in the *Journal of Clinical Oncology*: "**Treatment decisions for men with localized prostate cancer should not be based solely on chronological age**" (2003: 21:3318-27).

Dr. Neil Fleshner, a urologist and head of Princess Margaret Hospital's genitourinary site group said the following:

This new study is important because it is the strongest data to show that many treating doctors are not sensitive to the issue of age. Life expectancy, not age, should be the main factor in determining which prostate cancer patients receive appropriate treatment. (*UsToo Prostate Cancer Education & Support Hot Sheet*, January 2004, p. 6).

In his book, *How to Live Between Office Visits*, Dr. Bernie Siegel, a general and pediatric surgeon until he retired in 1989, cited the American Association of Retired Persons' position in his book that "the treatment of cancer patients in the elderly is different than younger people, and that perhaps older people are not treated appropriately."

(Continued next column)



"Sharing a Continuous Flight"

The Academy Perspective

---Publication Board---

Chair & Production Editor	Don Beaver
Copy Editor	Anna Belle Laughbaum
Managing Editor	Elbert Overholt

---Columnists---

President's Column	Jack David Arnold
Obituaries	Billie Harrison
Feature Writer	Vada Lee Barkley
Book Reviews	Wini Howard
Library Resources	Bea Flinger

---Staff Reporters---

Photography	Edith Sonnevik Payne
Programs	Shirley Mears
Research	(Vacancy)

---Communications Policy---

We value messages from our readers.

By mail: *The Academy Perspective (TAP)*, Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008

By fax: (405) 491-6381

By computer: www.snu.edu/sr_professionals

---Newsletter Subscription Information---

Annual subscription cost for *The Academy Perspective*:

Non-members—\$10.00 per year

Members—Included in membership

---Contributions---

To make contributions to the Academy of Senior Professionals:

Mail to: Roy Dorris, Treasurer

4607 N. College, Bethany, OK, 73008

(Continued from previous column)

On the issue of age bias in the treatment of cancer, Dr. Siegel made the following clinical observation:

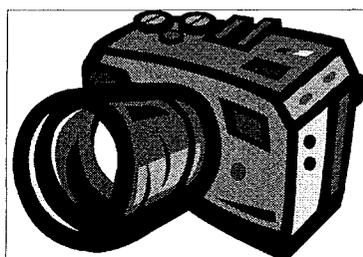
I think that [this issue] has a lot to do with the individual, what 'labor pains' he or she is willing to go through at what age. It's not just a matter of blaming the medical profession for not treating people adequately. Perhaps the doctors are thinking of the elderly as people and are being somewhat less aggressive because the treatment might be worse than the disease. (1993, p. 216)

**Looking for a good place to park?
Try 41st & Donald (Map on page 4)
Designated parking for ASPers**



ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE



Mel and Lena O'Bannon



Nancy Suhre—guest of Shirley Mears
(with Contact Crisis Helpline)

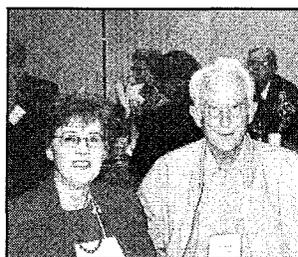


Morgan Weber
guest of Shirley Pelley

GUESTS AT THE FEBRUARY ACADEMY OF SENIOR PROFESSIONALS LUNCHEON



Outstanding speaker for the February ASP luncheon was Mr. Scott Klososky, CEO of Critical Technologies, shown here with his wife, Annette.



New Member
Dwight E. Neuenschwander

With wife Eula Mae at the February ASP luncheon.

Biography for Dr. Dwight E. Neuenschwander

I was born in Liberal, Kansas, the son of a Nazarene pastor. I served two years in the Navy, married Evonne Strigle in 1950, then spent two years in the Air Force. In 1952 we came to BNC/SNU and graduated in 1956. I received a M.S. degree in Higher Education Administration from North Colorado University and an honorary doctorate degree from Mid-America Nazarene University.

Twenty years were spent pastoring in Kansas and Colorado, eleven years teaching at Nazarene Bible College (positions held were Registrar and Professor of Evangelism, Church Administration and Missions), three years in the Department of Evangelism at Nazarene headquarters, five years as a missionary/district superintendent in New Zealand, and eleven years as district superintendent in Nebraska. I have been in the evangelistic field since 1996. Evonne and I were married fifty-two years when she passed away. I am currently married to Eula Mae (Stipe) Neuenschwander. I have two children, Nancy Howie and Ed Neuenschwander who teaches Physics at SNU.



Library Corner

By Bea Flinner

A book strongly suggested for this month's readers is *Condi: The Condoleeza Rice Story*, by Antonia Felix. New York, Newmarket Press, 2002. The author also wrote *Laura: America's First Lady, First Mother*, and other books.

Condoleeza Rice "is the most influential woman in the history of the United States government, and perhaps one of the most famous black women in the world." She has exemplified unusual expertise as a 'scholar, professor, provost, and foreign policy advisor', accomplishments that have taken her from Birmingham, Alabama, to Denver, Colorado, to Palo Alto, California, to the White House, all by the age of 47.

It really takes an entire book to list all of the positive characteristics of this talented and capable woman. She is an exceptional individual, aiming to reach her goals, and usually succeeding! At the age of 26, she received a Ph.D. which catapulted her into becoming an assistant professor of political science at Stanford. She then became the youngest provost there, following which she was appointed foreign policy advisor to George Bush, Senior, and now is the "first-ever" female national security advisor. Condi is learned in Soviet history and politics, as well as in military affairs, an exceptionally versatile, knowledgeable, religious, and qualified woman!

The book is in the SNU Library, and is highly recommended!



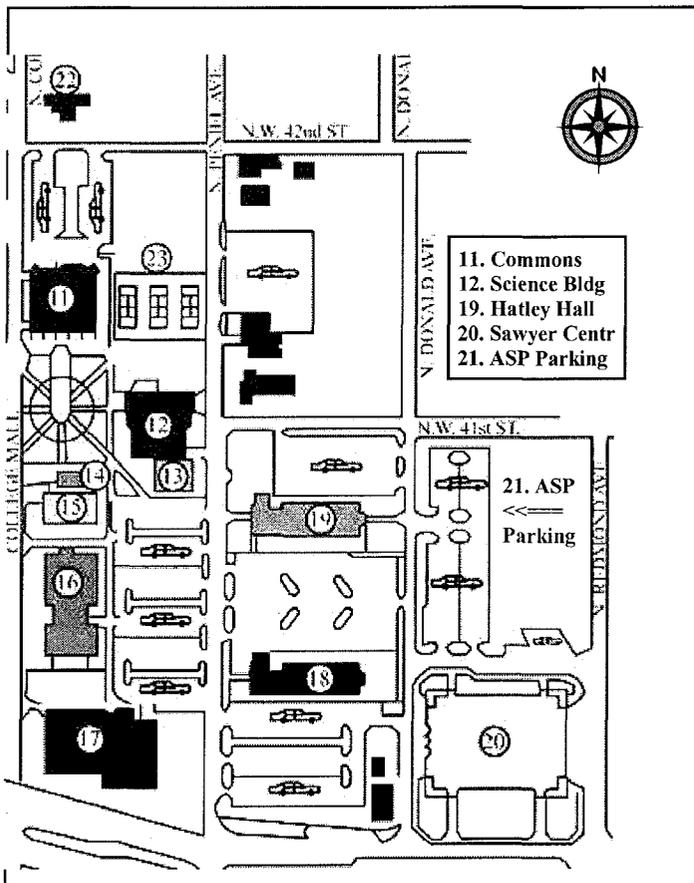
"If you ask me"

By Vada Lee Barkley

After I survived a one-percent chance to live and a lesser chance to keep my sanity, friends said, "God's not through with you yet." I thought He spared me to take care of Art. So, when I had major surgery six months after his death, I thought maybe God was through with me. But I survived that ordeal as well. Friends still said, "God's not through with you yet." Rummaging through Art's files and some of mine, I discovered a wealth of sermon and other inspirational material that should be shared. What a challenge for a writer with a worn out typewriter, no computer nor skills to operate one, limited funds! But I found what I think was His purpose. A number of providences have confirmed that assumption.

1. Funds for a computer and publishing costs
2. A computer wizard, with the time, skills, interest, and patience to tutor me.
3. A professional web site designer to create www.barkleybooks.com for me.
4. A briefcase full of Art's sermon material that was mysteriously discovered.

About the time my sixth book hit the market—just when I thought I had exhausted our material—an old, battered briefcase bulging with 8 folders, including one complete book manuscript and a stack of radio sermons fell out of the sky into my lap. Well, not quite, but almost. I'll explain that next month.



Designated Parking For ASP'ers

SNU has generously provided a parking area (see [21-ASP Parking] in map to the left)—**at the corner of 41st and Donald**—for those attending ASP functions on the SNU campus.

Shuttle service has been provided by SNU from this location to The Commons (Map #11) for ASP meetings and the monthly luncheon.

If preferred, it is within **easy walking distance** (1.5 blocks).

This location is also where ASP members attending the Peer Learning Conference on April 1 will park their cars and board the buses for the Cox Convention Center in Oklahoma City.

We hope ASP members will take advantage of this service offered by SNU. **(Use it or lose it!)**

Peer Learning Network (PLN) will Present Dr. Kenneth Cooper at its April 1 Luncheon

By
Jack David Arnold

Last September, Dr. Loren Gresham, Southern Nazarene University (SNU) President, contacted me, as President of the Academy of Senior Professionals (ASP), to cordially invite the ASP members to hear Dr. Kenneth Cooper, the "Father of Aerobics," and be guests at the Peer Learning Network (PLN) Luncheon Presentation, April 1, 2004, 11:00 a.m.-1:00 p.m., at the Cox Convention Center, Concourse Level, Rooms A & B.

The title of Dr. Cooper's presentation is "Steps for Life: How to Increase the Odds for a Lifetime of Good Health and Reduce the Cost of Healthcare." He is credited with motivating more people to exercise in pursuit of good health than any other person. The lead article in the April issue of *The Academy Perspective* will focus on the exemplary life of Dr. Cooper, who was born in Oklahoma City, Oklahoma, and now lives in Dallas, Texas.

The following organizations are PLN Partners, 2003-04: Bank of Oklahoma, n.a.; Center for Nonprofits; Express Services, Inc.; Hobby Lobby; Kerr-McGee Corporation; Mercy Health System of Oklahoma; McKinney & Stringer, P.C.; North American Group; OG&E Electric Services; Oklahoma Publishing Company; Southern Nazarene University; and United Way of Central Oklahoma.

By action of the ASP Administrative Council, in its January 2004 meeting, the regular April 12 meeting will be replaced by "PLN Presents."

Individuals, who wish to attend "PLN Presents" should register by supplying the following information at the time of registration: name, physical address, phone, e-mail address. The cost is \$7.25 for an ASP member and \$40.00 for a non-member. President Gresham is providing funds to offset the full cost of "PLN Presents" for members.

At the February 9 ASP luncheon meeting, 50 members and guests indicated interest in attending "PLN Presents" by a show of hands; 25 persons registered. Individuals may register now by sending their information and checks, made payable to "SNU," with a notation, "PLN Presents," to Dr. Roy Dorris, ASP Treasurer, 4607 North College, Bethany, OK 73008.

Bus transportation will be provided by SNU, without additional cost, to and from the Cox Convention Center. Loading and unloading will take place at the northwest corner of the Sawyer Center parking lot, which faces 41st and Donald Streets.

For more information, individuals may contact the PLN Office, SNU, 6729 N. W. 39th Expressway, Bethany, OK 73008, 405.491.6600, pln@snu.edu or www.snu.edu/pln.

On behalf of the ASP officers and members, I wish to publicly express my personal gratitude to PLN Chairman Mark Funke and SNU President Loren Gresham for extending their gracious invitation to us to be part of "PLN Presents."



A look at a book
By Wini Howard

ALL THINGS BRIGHT AND BEAUTIFUL by James Harriot

One could say that James Harriot has done for the sheep farming country of England what Mark Twain did for his part of the United States. Harriot has written extensively about life, in his day, with the sheep farmers of Yorkshire. Of course, his writing is far more than about sheep and the farmers who care for them.

Harriot grew up in Scotland and did not come to Yorkshire until after he had completed his training as a veterinary surgeon. It seems mysterious as to how he found time to write so profusely while carrying on his practice, as well as raising a family. His children often accompanied him on his rounds.

There are several qualities about his writing that makes it very enjoyable. He is very willing to talk about his own shortcomings or mistakes. The situations he describes--as he tries to care for sheep, cows, bulls, horses, cats and dogs--are always entertaining and sometimes hilarious. He never tries to make excuses for himself. The characters--farmers, their wives, townspeople and co-workers--are all presented picturesquely and with a light touch. They may be weak and almost pitiful at times, but his treatment of them is always gracious and kind, and often amusing.

Also it seems that his use of the local dialect is very accurate. This is not something that every good writer tries to do. Apparently he has succeeded! By writing this way his characters really come alive. The stories he tells are so realistic that one feels like a by-stander at the incident he is writing about.



Information You Can Use By Shirley Mears

Contact Crisis Helpline

"I just don't know what to do." Have you heard that phrase before? What would you say to someone who has more than his or her share of problems? When a friend appears to be overwhelmed with sadness and problems that don't seem to have an answer, what would you say? You can learn how to become a true friend by becoming involved with Contact Crisis Helpline. They offer services to central Oklahoma individuals, businesses, faith groups and organizations. They received nearly 44,000 calls in 2003, which is a 17% increase over 2002. Trained listeners are available 24/7 at 848-2273 (CARE) at no cost.

"Be prepared" is the Boy Scout motto that best describes the path to helping those you love overcome depression. By becoming a Helpline volunteer you will receive listening skills that are useful in all relationships.

Oklahoma, surprisingly, ranks ninth in the nation in deaths by suicide and has touched lives of most of us. If you are aware

Continued on page 6—Crisis Helpline

Continued from page 5—Crisis Helpline

of someone who is struggling with thoughts of suicide, help is available for you as well. You can report that information to the CONTACT Crisis Helpline 24 hours a day, 7 days a week. A call to 840-9676 will put a response team together to assess the needs and the organizations that can serve those needs best.

Presentations about CONTACT are available for groups of



Nancy Suhre

all sizes. A five-minute video gives an overview of the organization and program-specific presentations can range from 15-45 minutes.

Volunteers, financial support and in-kind gifts of goods and services will ensure that Contact continues to provide its vital services. For more information about how CONTACT can be of assistance to you and how you can support their efforts, please call the business office at 840-9296, email Nancy Suhre at nsuhre@coxinet.net or visit the web site at www.contactcrisishelpline.org/.

Dr. Bernie Siegel's *How to Live Between Office Visits* Will Be Featured in the Book Discussion Group (BDG) on March 8

By Elbert Overholt, BDG Chair

President Jack Arnold will use a video to introduce a discussion of Dr. Bernie Siegel's book, *How to Live Between Office Visits: A Guide to Life, Love, and Health* at the BDG meeting, 9:30-11:00 a.m., in the President's Dining Room, which is located on the top floor of the Commons.



Dr. Bernie Siegel

Topics include: the real meaning of independence, learning to say *no* to the world and *yes* to yourself, dealing with anger, the role of spiritual life in healing, touching the edge of death, death is not failure, and love stays with us.

Dr. Siegel's definition of how to use your day isn't, "What can I *get* today?" but rather, "What can I *give* today?" He continues, "When you become clear about how you want to love the world, than you will be living your life without being self-ish" (p. 19).

Imagine that you have six months to live. How do you spend your time? Dr. Siegel uses such rhetorical questions, along with numerous personal stories, in hopes of challenging listeners to live life full of hope and with a focus of purpose. He offers a principle-centered exploration of dealing with life-threatening illnesses and overwhelming adversity.

I would recommend that you get a copy of the book for study before the meeting, but you are welcome to participate without having read the book. Come and enjoy some refreshments and the discussion.

Ten copies of the book have already been sold, and a new order has arrived. Jack is making these books available to members and guests for \$5.00. Please see Darlene Overholt, Margaret Dawson, Roy Dorris, or me if you want to purchase a copy. Of course, you may pick it up at your favorite book store for \$13.99.



ASP Calendar

Monday: March 8

- 9:30-11:00 Book Discussion Group, President's Dining Room
- 9:00-11:00 Shuttle: **Sawyer** Parking Lot to Commons (see map p. 4)
- 11:15-1:00 Luncheon meeting-Heritage Room-Commons
- 1:00-1:30 Shuttle: Commons to Sawyer Parking Lot
- 1:15-2:00 Administrative Council-Fireside Room



News Briefs

- **April ASP Meeting Changes:**
See article on Peer Learning Network/Dr. Kenneth Cooper in this issue.
- **Need an ID?:**
If you haven't received your ID, check with Ron Wilson's secretary on the lower floor of the Commons.
- **Membership Dues (2004) Payable at February Meeting:**
The annual dues of \$15 per person are due and may be paid at the luncheon meeting on March 8, 2004. Thank you for your support of ASP.



Writers Workshop Report

By Vada Lee Barkley

The Academy Writers Workshop met February 9, 2004, in the Student Conference Room, with Vada Lee Barkley as chairman.

Other members attending the meeting included Lyle and Bea Flinner, June Phillips, Mary Smith, Naomi Tidwell, and Jack Arnold.

Three ladies brought a sample of their writing to read and discuss. Mary Smith read "A Morning in December," a testimony to God's leadership in a stressful situation. June Phillips read "Cocksips and Buttercups," about a special family outing during her childhood. Naomi read "That One Dark Night," reliving the frightful experience of her as a child, walking to a neighbor's house alone in the country on a very dark night.

We have some talented writers. Most of them are in the process of writing stories from their lives for the benefit of family, especially grandchildren.

Don't Forget!!!

Designated Parking for ASPers
Corner of Donald and 41st Street
(See Map, page 4)